

2017 Polycultural Workshops Outline

Lesson 1 - Introduction to the Robot

	Senior	Junior	
Activity 1: What is a Robot?	- What is a robot?		
30 minutes	- Robots vs Machines		
Activity 2: Show and Tell	Setup multiple stations with different types of robots		
50 minutes	- Vex IQ Robots to show, students also get to drive the robot		
	- LEGO MINDSTORM, FisherTechnik robots to show		
	- Rube Goldberg Machine, Snap Circuit, and Model Car to show		

Lesson 2 – Mechanisms & Simple Machines

	Senior	Junior		
Activity 1: Types of	- Introduce Basic mechanisms and simple ma	- Introduce Basic mechanisms and simple machines such as: Motors, Gears and Gear ratios,		
Mechanisms	Sprockets, Levers, pulleys, wedges/incline pl	Sprockets, Levers, pulleys, wedges/incline planes, wheels and axles.		
40 minutes	- Demonstration Activities: Gear changing on bicycle, Torque Arm Challenge, Be a Ramp - Identify the simple machine matching game			
Activity 2: Build Project	Build Lego Catapults based off pre-made	Multiple types of mechanisms made out of		
35 minutes	demo Catapult, test for distance	LEGO kits (in groups) - They build the functional simple machines with pictures that mentors show from lego education resources.		

Lesson 3 – Programming Workshop

	Senior Junior			
Activity 1: Introduction to Programming 35 minutes	- Explain the idea of breaking down into really small steps - Blindfold challenge for going around a maze - Introduce different types of sensors that are found on robots.			
Activity 2: Different Types of Sensors 40 minutes	-Programming basic functions into Vex IQ or Vex drivebase, both autonomous and joystick controlLEGO EV3 software with premade robots is also an option.	Setup multiple stations with different types of robots/activities - Sensor Mashup station has LEGO MINDSTORM robots with lots of sensors - Coloured Foam blocks to be arranged in particular way with blindfold - Coloured Cups to be arranged in particular patterns on table		

Lesson 4 – Arts Fun Day

	Senior	Junior	
Activity 1: Icebreaker	- Icebreaker		
Activity 2: Rotating Stations	 Bracelets, Necklaces Bridges/Structures Tshirt designs using brace -Tiedye Tshirts 	ush robot	



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Lesson 5 - BattleBot Orientation Day (1st Build Day)/FisherTechnik Activity Day

	Senior	Junior
Activity 1: BattleBot Game	Introduce Battlebots Game, define rules,	Introduce FisherTechnik activity, show demo
Presentation/FisherTechnik	competition format, awards and build	mechanisms (refer to Activity 1 in Lesson 2)
Activity Introduction	schedule	
(15 minutes for both)	 Show demo robots (if possible) 	
Activity 2: BattleBots Build	BattleBot build day, have a mechanism and	FisherTechnik activity, refer to picture
Day (1)/FisherTechnik	strategy discussion (show inspiration	booklets to build simple machines
Activity	videos)	
	 Mechanism Discussion, Chassis 	
	Build, Mechanism Build	

Lesson 6 – BattleBots 2nd Build Day/FisherTechnik Activity Continuation

	Senior	Junior	
Activity 1: FisherTechnik	Continuation of Day 1	Continuation from Day 1	
Activity	- Continue Mechanism Design	-FInish up building the FisherTechnik models	
Contination/BattleBots Build	 Chassis should be completed by 	-cycle through simple machine stations, base	
Day (2)	the end of this session and driving	designs off pictures supplied by mentors	

Lesson 7 – BattleBots 3rd Build Day/Arts Fun Day

	Senior	Junior
Activity 1: Arts Fun	Continuation of Day 2	Arts Fun Day
Day/BattleBots Build Day (3)	 Chassis should be finalized and driving Mechanism design should be completed and mechanism finalized and tested Configure Bricks for competition day 	- Arts Activities TBD

Lesson 8 – BattleBot Competition Day/Catapult Building Day

	Senior Junior			
Activity 1: Lesson on Design	-Defining design			
Method and examples of	- Explaining the SPICE design process			
failed designs (20 minutes)	- Differences between engineer and designer			
Activity 2:	Competing with BattleBots Robot in Building Vex Catapults using simple management			
BattleBots Competition Day	predesigned format concepts taught in earlier sessions			
(70 minutes)/Catapult	- Competing for Best Robot/Alliance - Competing for greatest distance			
Building Session	and other awards	travelled, and(?) other awards		



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Lesson 9 – Presentation Day

	Senior	Junior	
Activity 1: Presentations and	-	Present overall designs to parents, with emphasis on simple machine concepts	
Demos about BattleBot	-	Time given to prepare presentations with Mentors	
Designs/Catapult Designs to	-	Question period by parents and organizers, demos of all robots and catapults	
parents and organizers (90	-	Continuation of Fun Day Activities if time remains	
minutes)		·	

Lesson 10 - Celebration Day

	Senior		Junior
Activity 1: Celebration/Open	-	Recall day, talk about curriculum and	recall basic concepts learned
Day for all parents, students,	-	Concluding presentation about continuing involvement in FIRST and how to join a	
mentors and organizers		team	
	-	Celebration Certificates given to stud	ents

^{*}Keep in mind, the timings and lesson plans can vary slightly based on resources we have but engineering concepts that are taught will remain the same.